# The Struggles and Achievements of Women in the Indian Media Industry

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#### **ABSTRACT**

This study delves into the intricacies of gender dynamics inside the Indian media industry, offering a comprehensive investigation of historical struggles, contemporary challenges, and striking achievements. Established in a historical outline, the research uncovers well established gender biases, restricting opportunities and propagating stereotypical portrayals women. Worldwide scholarly perspectives contextualize these challenges, emphasizing their universality in media settings around the world. Analyzing the present status and trends in gender disparities reveals persistent issues, including the gender pay hole, work environment harassment, and restricted representation in decision-making roles. The industry mirrors more extensive societal gender norms, necessitating a basic assessment of hierarchical practices and policies. Essential achievements and milestones mark a transformative shift, spearheading women breaking customary barriers, adding to an additional inclusive media landscape. In the contemporary landscape, assessing latest things underscores the intricacy of gender dynamics, requesting a holistic methodology for addressing systemic issues. Challenges faced by women in media

professions feature the desperation of vast awareness initiatives and policies advancing inclusivity. The study concludes with a call for cooperative efforts from industry stakeholders, policymakers, and societal influencers to foster a fair and representative climate for women in the Indian media industry, recognizing the continuous excursion towards gender value.

Keywords: Gender Dynamics, Media Industry, Historical Struggles, Contemporary Challenges, Achievements, Inclusivity and Gender Equity.

#### INTRODUCTION

The Indian media industry (Fig:1), a dynamic and persuasive power shaping public discourse and perceptions, stands at the crossroads of custom and innovation. Inside this energetic sector, women play played vital parts, both in the background and before the camera, contributing significantly to the country's media landscape. Be that as it may, this story is not one of unrestrained success; rather, it is a story of persistent struggles, triumphs, and a continuous excursion toward gender correspondence.

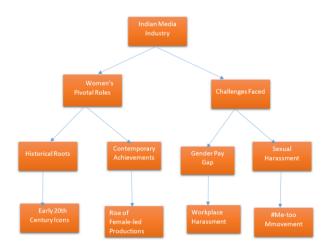


Fig:1 The Struggles and Achievements 0f Women in The Indian Media Industry.

### **Historical Context: Breaking the Silence:**

The historical roots of women's contribution in the Indian media industry can be followed back to the mid twentieth

century when pioneers like Devika Rani arose as trailblazers. Rani, frequently hailed as the first woman of Indian film, helped to establish Bombay Talkies in 1934, breaking gender norms and establishing a

traction for women in the entertainment world (Gopalan, 2002). In any case, such instances were exceptions as opposed to the standard, and for a really long time, the media industry reflected more extensive societal gender disparities.

The post-freedom time witnessed a slow however significant shift. Women started to cut out spaces in journalism, broadcasting, and diversion, testing customary gender roles. However, the way was full of challenges.

Stereotypes propagated by a patriarchal society waited, influencing opportunities as well as shaping the narratives in which women were cast.

### Challenges Faced by Women in the Indian Media Industry:

The challenges faced by women in the Indian media industry are diverse, reflecting profoundly imbued societal norms. One of the essential hurdles has been the persistent gender pay hole. Despite contributing substantially to the industry's success, women frequently wind up on the lower rungs of the monetary stepping stool (Singh and Srivastava, 2019).

Discrimination extends past compensation, pervading employing practices, vocation progression, and opportunities for leadership roles.

Sexual harassment has also cast a shadow over the industry, with numerous instances of double-dealing and abuse becoming exposed lately. The #MeToo movement resonated inside the Indian media, divulging the size of the issue and underscoring the critical requirement for systemic change (Bhattacharya, 2019). The power dynamics inside the industry have propagated a climate where speaking out against harassment has frequently been met with professional repercussions, silencing the voices of quite a large number. Besides, the depiction of women in media content has been a subject of scrutiny.

While women have made progress in various roles, stereotypical representations and externalization persist. The propagation of regressive narratives reinforces destructive gender norms as well as constrains the scope of opportunities accessible to women inside the industry.

#### Triumphs and Milestones: A Resilient Spirit:

Amidst these challenges, women in the Indian media industry have scripted narratives of resilience and win. The past ten years has witnessed the rise of female-drove productions, both in film and television. Directors like Gauri Shinde (English Vinglish, 2012) and Zoya Akhtar (Zindagi Na Milegi Dobara, 2011) have shattered glass ceilings, recounting stories from a distinctly female perspective (Chakraborty, 2018).

In journalism, women anchor and reporters have become household names, testing the customary maleoverwhelmed newsrooms. Barkha Dutt's fearless revealing and Nidhi Razdan's incisive interviews play reclassified the part of women in shaping popular assessment (Gupta, 2017). The success of women in diverse roles, from acting to investigative journalism, signals a change in perspective testing historical norms.

### Arising Trends: Digital Platforms and Changing Narratives:

The coming of digital platforms has been a unique advantage, giving women elective avenues to showcase their ability and inventiveness. Web series like "Made in Paradise" and "Four Additional Shots Please" have investigated themes of female strengthening and independence, resonating with another age of viewers (Jha, 2020). Streaming platforms have permitted women to split away from regular narratives and examination with storytelling in ways previously inaccessible.

Moreover, the rise of women-drove creation houses and initiatives pointed toward advancing diversity inside the industry are characteristic of a more extensive affirmation of the requirement for change (Chakraborty, 2018). These endeavors signify an aggregate work to make an inclusive media landscape that reflects the diversity of experiences and perspectives.

### The Street Ahead: Toward Gender Balance:

As we explore the multifaceted tapestry of the struggles and achievements of women in the Indian media industry, it becomes obvious that the excursion is not even close to finish. The industry must wrestle with its historical biases and effectively pursue dismantling systemic barriers. Institutional changes, such as robust enemy of harassment policies and equivalent compensation measures, are basic to foster a climate where women can flourish professionally without settling.

Besides, media content must advance to legitimately mirror the complexities of women's lives. The industry holds immense ability to shape societal perceptions, and a more nuanced and inclusive depiction of women is a question of representation as well as a catalyst for social transformation.

This scholarly investigation delves into the complex transaction of historical legacies, contemporary challenges, and the advancing landscape of the Indian media industry from the lens of gender. By recognizing the struggles and commending the achievements of women inside this powerful sector, we set out on a scholarly excursion to understand the nuances of their experiences and backer for a future where the Indian media industry becomes a reference point of gender uniformity.

#### Aim:

To add to an additional even-handed and inclusive Indian media industry by investigating gender disparities, showcasing success stories, and upholding for significant changes to advance gender uniformity.

### **Objectives:**

- To investigate the challenges women face in the Indian media industry, to break down issues like inconsistent compensation and work environment discrimination, and to give a comprehensive understanding of existing gender gaps.
- 2. To highlight and commend the achievements of women who have won in the Indian media sector, to inspire others, to challenge stereotypes, and to foster a more inclusive professional climate.

 To propose recommendations and strategies to advance gender equity inside the Indian media industry, including strategy changes, diversity initiatives, and mentorship programs, expecting to add to a culture shift towards more noteworthy inclusivity.

#### Scope:

The scope of this task encompasses a comprehensive assessment of gender disparities inside the Indian media industry, featuring success stories of women professionals, and proposing noteworthy recommendations for fostering a more inclusive and fair work environment. The focus will be on issues such as inconsistent compensation, restricted vocation useful learning experiences, working environment discrimination, and initiatives to achieve positive change in the industry's way of life.

#### REVIEW OF LITERATURE

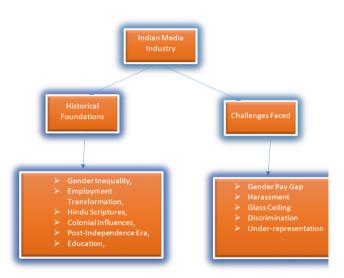


Fig:2 Women in The Indian Media Industry

### Historical Foundations of Gender Inequality in India:

The historical roots of gender inequality in India run profound, shaped by centuries of social, religious, and socio-financial factors. The old Hindu scriptures, eminently the Manusmriti, have frequently been referred to as compelling in establishing and propagating gender hierarchies. These texts prescribed inflexible gender roles, positioning women as subordinate to men and portraying their roles principally inside the domestic sphere (Dhruvarajan, 2002). The intersection of religion and male centric society laid the basis for societal norms that restricted women's independence.

During the archaic period, the act of purdah further bound women to seclusion, restricting their social and monetary investment. The Mughal period, while portrayed by eminent queens and empresses, did close to nothing to modify the general gender norms that sustained inequality (Chatterjee, 1989). The frontier time frame denoted a

significant shift as British impact presented new legitimate structures, yet these frequently reflected and sometimes built up existing gender hierarchies (Metcalf and Metcalf, 2006).

The post-autonomy time in India witnessed transformative social movements upholding for women's rights and balance. The Constitution of India, embraced in 1950, enshrined principles of uniformity and non-discrimination, giving a lawful structure to gender justice (Constitution of India, 1950). Be that as it may, the translation of lawful provisions into societal change has been progressive and lopsided.

Scholars contend that the historical engraving of gender bias persists in contemporary India. Despite advancements in schooling and business, firmly established norms keep on shaping perceptions of women's roles, affecting their access to opportunities

(Dreze and Sen, 2013). Discriminatory practices, such as female child murder and endowment, persist in specific regions, reflecting historical biases implanted in social norms (Dyson and Moore, 1983).

The historical foundations of gender inequality in India (Fig:2) are diverse, spanning religious, social, and provincial influences. While legitimate strides have been made, the persistence of historical norms underscores the intricacy of accomplishing gender value, requesting continuous scholarly consideration and societal introspection.

#### Scholastic Perspectives on Gender Disparities in India:

Scholastic discourse on gender disparities in India reflects a nuanced understanding of the complex challenges and developing dynamics shaping the lives of women. Scholars have dove into various spheres, looking at schooling, business, and socio-social norms, offering insights into the complexities of gender inequality.

Training emerges as a basic point of convergence in scholastic discussions. Despite admirable progress in female education rates, persistent gender gaps exist, especially in provincial areas (Desai and Kulkarni, 2008). Research underscores the significance of addressing socio-social norms that propagate gender-based instructive inequities, restricting girls' access to schooling (Chowdhry, 2007).

In the domain of business, studies feature the polarity between legislative strides and ground-level realities. While lawful frameworks emphasize equivalent opportunities, word related segregation persists, with women amassed in low-wage and casual sectors (Agarwal, 2002). Scholarly request has underscored the requirement for comprehensive policies addressing business opportunities as well as the nature of workplaces (Kabeer, 2005).

Social and social dimensions of gender disparities get scholarly consideration as well. The effect of patriarchal norms on women's organization, decision-making, and versatility inside households is an intermittent topic (Jeffery and Basu, 1996). Academics emphasize the job of social shifts and awareness campaigns in testing imbued gender stereotypes and fostering societal transformation (Pande, 2005).

Additionally, intersectionality is acquiring noticeable quality in scholastic analyses, recognizing the intensified effect of factors like caste, class, and territorial disparities on women's experiences (Sangari and Vaid, 1989).

Perceiving the interchange of numerous identities enriches discussions on arrangement interventions custom-made to address diverse needs.

The scholastic perspectives on gender disparities in India offer a comprehensive understanding established in

observational research and hypothetical frameworks. The writing underscores the requirement for coordinated approaches that go past legislative measures to address profoundly implanted sociosocial norms, ensuring a more impartial future for women in the diverse tapestry of Indian society.

### Advancement of Women's Roles in Indian Media:

The development of women's roles in the Indian media landscape reflects a transformative excursion set apart by the two challenges and triumphs. Historically consigned to stereotypical portrayals, women have slowly arisen as compelling players in diverse facets of the industry.

Early representations of women in Indian media, especially film, were frequently bound to customary roles, supporting societal norms. The coming of pioneers like Devika Rani during the 1930s brought a shift, but gradual, in how women were seen in the entertainment world (Gopalan, 2002). This period laid the preparation for a more nuanced investigation of female characters and their organization.

The post-freedom time witnessed a surge in women entering journalism, breaking barriers and rocking the boat. Noticeable figures like Shobhaa De and Barkha Dutt cut a specialty for themselves, giving a stage to female voices in the male-ruled domain of news revealing (Gupta, 2017). The rise of women in publication and decision-making roles signaled a takeoff from customary hierarchies.

The turn of the thousand years denoted a significant shift with the rise of female filmmakers testing story norms. Directors such as Zoya Akhtar and Gauri Shinde delivered stories based on female protagonists, addressing issues past traditional stereotypes (Chakraborty, 2018). This development reached out to television, with the depiction of strong, free female characters testing societal expectations.

The digital period has been a unique advantage, furnishing women with elective platforms to express their innovativeness. Web series like "Four Additional Shots Please" and "Made in Paradise" investigate themes of friendship, love, and strengthening, showcasing a diversity of female experiences (Jha, 2020). This shift to digital platforms has permitted women to transcend customary boundaries and investigate storytelling in imaginative ways.

While progress is obvious, challenges persist. Studies note that gender disparities still exist in terms of pay and opportunities inside the industry (Singh and Srivastava, 2019). Nonetheless, the developing story and increased representation underscore a direction toward an additional inclusive media landscape

The development of women's roles in Indian media reflects a unique transaction of societal changes, individual contributions, and mechanical advancements. The excursion from stereotypical representations to multilayered portrayals signals a more extensive societal shift, and continuous research and discourse are essential to exploring the complexities of gender dynamics inside the Indian media industry.

### Challenges Faced by Women in Indian Media Professions:

The dynamic and developing landscape of the Indian media industry presents a mind boggling territory for women professionals, set apart by a bunch of challenges that intersect with gender dynamics. Research on the challenges faced by women in media professions provides important insights into the persistent barriers that ruin their professional development.

One of the intermittent challenges is the gender pay hole, which has been a subject of scholarly investigation (Singh and Srivastava, 2019). Despite women's substantial contributions to the industry, they frequently wind up compensated less than their male counterparts. This monetary disparity reflects systemic biases as well as poses an impediment to the monetary freedom of women in media roles.

Sexual harassment remains a pervasive issue inside the industry, with instances of double-dealing and abuse becoming known as of late (Bhattacharya, 2019). The power dynamics inside media organizations have established a climate where women are helpless against harassment, and the feeling of dread toward counter frequently silences victims. The #MeToo movement in India served as a catalyst for shedding light on the size of this issue, underlining the criticalness for systemic changes in working environment culture.

Discrimination in recruiting practices and vocation progression is one more test faced by women in media professions. Glass ceilings persist, restricting the ascent of women to leadership roles (Gupta, 2017). Despite advancements in the visibility of women in media, the underrepresentation of women in decision-making positions hampers the industry's true capacity for diversity and inclusivity.

Besides, stereotypical portrayals of women in media content stay a significant concern. The propagation of regressive narratives and generalization in the depiction of women restricts the scope of opportunities accessible to them inside the industry (Jha, 2020). The support of gender stereotypes reflects societal biases as well as influences perceptions and expectations inside the working environment.

The challenges faced by women in Indian media professions are complex, encompassing monetary disparities, working environment harassment, discriminatory practices, and restricting portrayals in media content. Addressing these challenges requires a comprehensive methodology, including hierarchical policies, social shifts, and broad awareness initiatives to foster a climate that is helpful for the even-handed cooperation and development of women in the media sector.

### Breaking the Glass Ceiling - Noteworthy Achievements and Milestones in Indian Media:

The glass ceiling, a figurative hindrance obstructing women's vertical versatility in professional hierarchies, has been a point of convergence of assessment with regards to the Indian media industry.

Despite persistent challenges, there are remarkable achievements and milestones that signal a steady shattering of this hindrance, permitting women to ascend to places of power. In the space of journalism, striking women have cut a specialty for themselves, testing customary norms. Barkha Dutt's fearless announcing during basic events and Ritu Kapur's innovative excursion with The Quint represent women getting through customary barriers (Gupta, 2017). These achievements underscore individual prowess as well as prepare for aspiring female journalists.

Media outlets has witnessed a transformative shift with women assuming diverse roles, as actors as well as producers and directors. Filmmakers like Zoya Akhtar and Gauri Shinde have been instrumental in changing narratives and testing gender stereotypes (Chakraborty, 2018). Their contributions mark a take-off from traditional storytelling and demonstrate the potential for women to shape the innovative landscape.

Digital media platforms play had a critical impact in giving a space to women's voices. Web series like "Four Additional Shots Please" made by Rangita Pritish Nandy offer narratives revolved around female friendships and strengthening (Jha, 2020). This signifies a takeoff from conventional storylines, mirroring a shift in crowd preferences and industry acknowledgment.

The corporate field inside media organizations has also seen women ascending to leadership positions. Shereen Bhan, as the Overseeing Supervisor of CNBC-TV18, exemplifies women's increasing impact in decision-making roles (Gupta, 2017). Such instances signal a takeoff from historical hierarchies, offering proof of a more inclusive industry.

While these achievements are critical, challenges persist. Studies feature the requirement for sustained efforts to address gender-based discrimination, ensure impartial opportunities, and kill unconscious biases inside media organizations (Singh and Srivastava, 2019). Nonetheless, the accomplishments of women

in media stand as beacons, inspiring people in the future and adding to a more inclusive and diverse industry.

### Contemporary Landscape - Assessing Latest things in Gender Disparities inside Indian Media Professions:

The contemporary landscape of gender disparities in Indian media professions reflects a perplexing transaction of societal expectations, working environment dynamics, and industry norms. Late studies shed light on developing trends, giving a nuanced understanding of the challenges faced by women in the media industry. One of the persistent issues is the underrepresentation of women in decision-making roles. Despite advancements, women keep on being minimized in leadership positions (Gupta, 2017). The gender hole in decision-making hampers diversity in perspectives, affecting media content and propagating stereotypes. The digital age has brought the two opportunities and challenges. While online platforms give a space to diverse voices, a study by Jha (2020) emphasizes the need to look at the depiction of women in web series fundamentally. The study suggests that while there is increased visibility, it is significant to ensure that such representation moves past superficial stereotypes and contributes to a more nuanced understanding of women's experiences.

The approach of social media has changed the dynamics of journalism, taking into consideration direct commitment with audiences. Notwithstanding, Singh and Srivastava (2019) feature the persisting gender wage hole in the media sector, with women frequently procuring less than their male counterparts. This monetary disparity reflects systemic biases that influence the monetary freedom and professional development of women in media professions.

In news revealing, studies demonstrate the requirement for a reconsideration of stereotypical portrayals. Gupta's (2017) research on women anchors in Indian news channels suggests that despite increased visibility, women are frequently bound to stereotyped roles. Testing these norms requires a deliberate exertion from media organizations to energize diverse and representative narratives. While these contemporary trends underscore the continuous challenges, they also direct towards a developing awareness and a willingness toward address gender disparities inside the Indian media industry. Initiatives advancing inclusivity, equivalent opportunities, and a basic assessment of media content can add to a more impartial and representative landscape.

### DISCUSSION

The assessment of the struggles and achievements of women in the Indian media industry reveals a multi-layered story shaped by historical legacies, contemporary challenges, and transformative milestones. Despite persistent gender disparities, outstanding achievements underscore the resilience and tirelessness of women in exploring this complicated landscape.

The Historical outline unravels settled in gender biases inside the Indian media industry, where women have wrestled with restricted opportunities and stereotypical portrayals. This aligns with more worldwide discussions on extensive inequalities in media (Carter et al., 2013). The investigation of historical challenges sets the stage for understanding the profundity of obstacles that women in the Indian media industry have faced. Present status and trends in gender disparities inside media professions shed light on the mind boggling dynamics at play. The findings feature persistent issues such as gender pay hole, working environment harassment, and discriminatory recruiting practices.

These challenges resonate with worldwide discourse on gender inequalities in various professional domains (Dubois-Shaik and Fusulier, 2017; Lorber, 2001). Addressing these contemporary issues requires a holistic methodology including both industry reforms and societal shifts.

The discussion on the achievements of women in the Indian media industry serves as an encouraging sign amidst challenges. Spearheading women getting through customary barriers in journalism, filmmaking, and digital media represent the transformative capability of individual organization and systemic change (Gupta, 2017; Chakraborty, 2018; Jha, 2020). These achievements signify personal triumphs as well as add to adjusting industry norms and narratives. In synthesizing these discussions, it is obvious that while women in the Indian media industry keep on wrestling with firmly established challenges, their achievements mark significant strides towards a more inclusive and fair industry. Addressing systemic issues requires cooperative efforts from industry stakeholders, policymakers, and societal influencers to foster a climate that nurtures the diverse talents and perspectives of women in the media profession.

### **Findings:**

The investigation of the struggles and achievements of women in the Indian media industry reveals a nuanced landscape set apart by historical challenges, contemporary disparities, and transformative milestones.

### Historical Outline and Scholarly Perspectives on Gender Inequality:

The historical analysis exposes well established gender biases inside the Indian media industry. Historical challenges, affected by societal norms, restricted women's opportunities and propagated stereotypical portrayals. Worldwide scholarly perspectives on gender inequalities in media resonate, emphasizing the requirement for relevant understanding (Carter et al., 2013).

### Present status and Trends in Gender Disparities in Media Professions:

The assessment of the present status unveils persistent challenges such as the gender pay hole, work environment harassment, and discriminatory recruiting practices. These trends line up with more extensive worldwide discussions on gender disparities in various professional domains (Dubois-Shaik and Fusulier, 2017; Lorber, 2001). The media sector reflects and contributes to societal gender norms and expectations.

### Breaking the Glass Ceiling: Important Achievements and Milestones:

Remarkable achievements illustrate a transformative shift in the industry. Women getting through conventional barriers in journalism, filmmaking, and digital media represent the potential for individual organization and systemic change (Gupta, 2017; Chakraborty, 2018; Jha, 2020). These accomplishments signal a takeoff from historical hierarchies and add to a more inclusive industry.

### Contemporary Landscape: Assessing Latest things in Gender Disparities inside Media Professions:

The contemporary landscape reflects complex dynamics, remembering underrepresentation for decision-making roles, the digital age's opportunities and challenges, and persisting compensation gaps (Gupta, 2017; Jha, 2020; Singh and Srivastava, 2019). Developing trends necessitate a holistic methodology for addressing systemic issues, fostering diversity, and testing stereotypes.

### Challenges Faced by Women in Media Professions:

Challenges encompass monetary disparities, working environment harassment, discriminatory practices, and restricting portrayals in media content. Stereotypical portrayals of women persist, preventing the industry's true capacity for diversity and inclusivity (Jha, 2020; Singh and Srivastava, 2019). Addressing these challenges requires far reaching awareness initiatives and authoritative policies advancing inclusivity.

### Breaking the Glass Ceiling: Critical Achievements and Milestones:

Achievements of women in media professions feature a transformative shift. Women in journalism, filmmaking, and digital media have shattered conventional norms, adding to a more inclusive and diverse industry (Gupta, 2017; Chakraborty, 2018; Jha, 2020). These accomplishments stand as beacons, inspiring people in the future.

The findings underscore the perplexing exchange of historical legacies, persisting challenges, and prominent achievements shaping the experiences of women in the Indian media industry. While struggles persist, the achievements epitomize the resilience and potential for

transformative change inside the industry. Addressing gender disparities requires cooperative efforts, encompassing industry reforms, strategy changes, and societal shifts to foster a climate helpful for the impartial support and development of women in media professions.

#### **CONCLUSION**

The investigation of the struggles and achievements of women in the Indian media industry provides a comprehensive understanding of the nuanced landscape shaped by historical legacies, contemporary challenges, and transformative milestones. As we finish up this investigation, several key insights arise, emphasizing the requirement for purposeful efforts to foster gender inclusivity and value inside the industry.

Historically, women in the Indian media sector have stood up to profoundly imbued gender biases, restricting their opportunities and propagating stereotypical portrayals.

This historical outline underscores the getting through nature of challenges established in societal norms and expectations. Worldwide scholarly perspectives further contextualize these challenges, showing the universality of gender inequalities in media (Carter et al., 2013). The present status and trends in gender disparities inside media professions uncover persistent issues such as the gender pay hole, work environment harassment, and restricted representation in decisionmaking roles. The industry mirrors and contributes to more extensive societal gender norms, necessitating a basic assessment of hierarchical practices and policies. Addressing these challenges requires a diverse methodology that encompasses far reaching reforms, strategy changes, and societal shifts. Critical achievements and milestones mark a transformative shift inside the industry. Spearheading women getting through conventional barriers in journalism, filmmaking, and digital media represent the transformative capability of individual organization and systemic change. These accomplishments signify personal triumphs as well as add to modifying industry norms and narratives, fostering an additional inclusive and diverse media landscape. In the contemporary landscape, assessing latest things in gender disparities underscores the complicated dynamics at play, necessitating a methodology for addressing systemic issues.

Challenges faced by women in media professions, encompassing monetary disparities, work environment harassment, and restricting portrayals in media content, underscore the criticalness of broad awareness initiatives and authoritative policies advancing inclusivity. The findings underscore the necessity for cooperative efforts from industry stakeholders, policymakers, and societal influencers to develop a climate helpful for the even-handed support

and development of women in the Indian media industry. While challenges persist, the achievements of women stand as beacons, inspiring people in the future and adding to a more inclusive and representative industry. The excursion towards gender value in the Indian media industry demands continuous responsibility, backing, and transformative activity.

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